

GET GOLF READY

'WELCOME TO GOLF' ORIENTATION

FREE

This series of 5 lessons each 30 minutes, we call Golf 101. All the things just as important as the golf swing itself. Here are the areas we will cover:

- History & overview of etiquette / sportsmanship
- Goal of Golf – use fewest strokes possible to get the ball in the hole
- Review of different areas of the golf facility
- How to make a tee time/ range balls
- Golf lingo/terms
- Safety
- Overview of different golf clubs
- What to have in golf bag (sunscreen, bug spray, Band-Aids, hat, snacks, etc.)
- Importance of practice
- Attire (i.e. looking like a golfer, dress codes and proper shoes)
- Cell phones – turn off or leave in car
- Family time
- Wellness/Fitness
- Networking and how it can boost business
- Travel

GET GOLF READY I - GROUP LESSON

\$99 Per Person

Each lesson will include elements introducing participants to the history, etiquette and values associated with the game golf clubs and balls should be available for students at no cost.

****Maximum of 8 Participants Per Class**

5 Lessons each 90 minutes in length

Level 1 Curriculum

Instruction Topics

- **Introduction to the game**
- **Posture, Hand position on club, Aim**
- **Putting**
- **Chipping, Pitching & green-side bunker**
- **Full Swing / Irons**
- **Fairway / Rough Bunkers**
- **Full Swing / Woods**
- **Drills and games to use to make practice FUN**

Instruction Experience

- **Warm-up: Stretching exercises**

GET GOLF READY II - GROUP LESSON

\$99 Per Person

Each lesson will include elements introducing participants to the history, etiquette and values associated with the game golf clubs and balls should be available for students at no cost. Participants must complete GGR level 1

****Maximum of 8 Participants Per Class**

5 Lessons each 90 minutes in length

Level 2 Curriculum

Instruction Topics more advanced than level 1

- Posture, Hand position on club, Alignment, Pre shot routine
- Putting – reading greens, Etc
- Chipping, Pitching & green-side bunker
- Full Swing / Irons
- Fairway / Rough Bunkers
- Full Swing / Woods
- Drills and games to use to make practice FUN
- Club fitting

Instruction Experience

- Warm-up: Stretching exercises

Fitness Elements & how it improves the overall consistency of the game:

- Discuss importance of warm-up and hydration while playing and practicing
- Torso Rotations
- Pelvic Rotations
- Recommended Homework for fitness: (see Get Golf Ready Resource page at PlayGolfAmerica.com)
 - Perform Angry Cats, Kneeling Opposites and Kneeling Sprinklers

GET GOLF READY – On Course

\$49 Per Person

This lesson will be on course for 9 holes with a Golf Professional. We will take what was learned from Get Golf Ready I & II and apply them to the course. Golf Equipment will be available for students free of charge.

****Maximum of 4 Participants Per Class**

Course Experience:

- Rules
- Etiquette
- Meaning of scramble format – which will be used for play that day
- Pace of play

GET GOLF READY GRADUATION OFFER

Upon completion of all 4 Get Golf Ready Classes you will have earned "Executive Membership Club" status.

You will eligible for the following:

- **FREE Golf Club Usage**
- **Steeply discounted greens fees**
- **Organized beginner league play**
- **Discounted instruction**
- **Discounted club fittings and golf club sales**